



# March 1 - 31 2024

LetsMovePBC.org

## LET'S MOVE:

COMMIT TO CHANGE PHYSICAL  
ACTIVITY CHALLENGE

### ENGAGES

Palm Beach County residents in a friendly competition through the month of March with the goal of promoting physical activity and healthy behaviors!

### LET'S MOVE

invites Palm Beach County residents to form teams and get moving together—commit to exercising at least 30 minutes a day, and log your minutes!



Designed by:  
**FINITY TEK**  
DESIGNS

